

TEC Sports Club Weekly Schedule for the 2024 School Year

- The day and time of the lesson may be changed depending on the number of applicants.
- Ume · · · 3 Year-old classes Take · · · 4 Year-old classes Matsu · · · 5 Year-old classes
- Swimming(Nakayoshi) is a swimming class for children with disabilities and special needs.
- Zumba(Take · Matsu) class is 30mins and the other Zumba classes are 45 mins

	Mon		Tue		Wed		Thu		Fri	
13:00					Swimming (Ume · Take)	Soccer (Ume · Take · Matsu)				
14:00	Swimming (Ume · Take)	Basketball (Ume · Take)	Swimming (Ume · Take)	Rhythmic Gymnastics (Ume · Take)	Swimming (Matsu)	Zumba (Take · Matsu)	Swimming (Ume · Take)	Soccer (Ume · Take)	Swimming (Ume · Take)	P.E. (Ume · Take)
15:00	Swimming (Matsu)	Basketball (Matsu)	Swimming (Matsu)	Rhythmic Gymnastics (Matsu)	Swimming (Nakayoshi)	Zumba (Adult)	Swimming (Matsu)	Soccer (Matsu)	Swimming (Matsu)	P.E. (Matsu)
16:00	Swimming Elementary ① (1st~2nd)		Swimming Elementary ① (1st~2nd)		Swimming (Nakayoshi)	Zumba Elementary① (1st~2nd)	Swimming Elementary ① (1st~2nd)		Swimming Elementary ① (1st~2nd)	P.E. (Elementary)
17:00	Swimming Elementary ② (1st~3rd)	Basketball (Elementary)	Swimming Elementary ② (1st~3rd)	Rhythmic Gymnastic (Elementary)	Swimming Elementary ② (1st~3rd)	Zumba Elementary② (3rd~6th)	Swimming Elementary ② (1st~3rd)		Swimming Elementary ② (1st~3rd)	P.E. (Elementary)
18:00	Swimming Elementary ③ (3rd~6th)		Swimming Elementary ③ (3rd~6th)		Swimming Elementary ③ (3rd~6th)		Swimming Elementary ③ (3rd~6th)		Swimming Elementary ③ (3rd~6th)	